

## Integrated Leadership for Women™

Women have enormous skill and talent – and yet women’s leadership abilities and experience often remains untapped in organizations.

What gets in the way? To a certain degree, women do. Unwittingly, even highly successful women described as powerhouses of strength, imagination, and creativity can limit themselves – suppressing their authentic voice based on a mistaken belief that this is required to be influential in their organization.

This nine session leadership series for women focuses on the skills necessary for success in today’s business environments. Neuroscience research supports that women have natural strength at collaboration, creating collegial relationships and communication. Women, however, often need more skill in addressing conflict head-on, in persevering to get themselves heard, in being a champion for themselves and their ideas.

With a skilled coach, up to 10 women learn together and engage in an extraordinary inquiry about leadership. Women at all stages of their careers clarify when they are at their best as a leader, set clear priorities, identify the common traps women leaders often find themselves in, explore strategies to keep themselves anchored, adaptive and resilient, be courageous in conflict, be heard and champion their ideas and projects and lead from a place of appreciation and optimism. The program builds personal leadership mastery.

Outcomes you can expect:

- Increased Self-Awareness
- Tact in Difficult Circumstances
- Increased Authenticity
- Ability to Offer Genuine Appreciation for Others
- Expanded Skill in Communication
- Productive Conflict Resolution
- Increased Delegation
- Ability to Lead from Vision, Values and Priorities
- Skill in Championing Projects and People

### Program Format:

- **Nine three-hour sessions:** Participants meet once a month for approximately three hours; a certified facilitator and coach leads the conversation.
- **Nine one-on-one coaching sessions:** In between each session, participants receive one-on-one coaching to optimize and sustain learning.
- **Applied learning:** In between each session, participants have an opportunity to apply their learning and deepen their awareness of each principle in their working environment and are encouraged to meet with their learning pod to support each other in staying focused on applying what they have learned.

**Cost:** \$1995 plus \$150 for materials and H.S.T.

**Date of next cohort:** January 27, 2012

**Online Registration:** [https://www.logiforms.com/formdata/user\\_forms/9513\\_4241886/66344/](https://www.logiforms.com/formdata/user_forms/9513_4241886/66344/)

For more information on this offering, please contact  
Claire Simpkins at [csimpkins@tekara.com](mailto:csimpkins@tekara.com) or at 604-836-8503.

**Facilitator:**



**Claire Simpkins:** Claire has over 20 years' experience as a consultant, facilitator and certified coach supporting women transition their careers and expand their facility as leaders. Claire helps women connect deeply with what they are passionate about creating and supports them in developing the capacities required to go after their vision with authenticity while managing work-life balance issues and the other challenges they may face in the workplace.

Claire is an Associate with Tekara Organizational Effectiveness, a leadership and career transition coach in private practice, and is an accredited facilitator of the women-only leadership development programs Women Leading Women™ and Integrated Leadership for Women™. As well, she is a past and present organizing committee member, facilitator and master of ceremonies for Minerva's Learning to Lead™ and Follow a Leader™ programs.