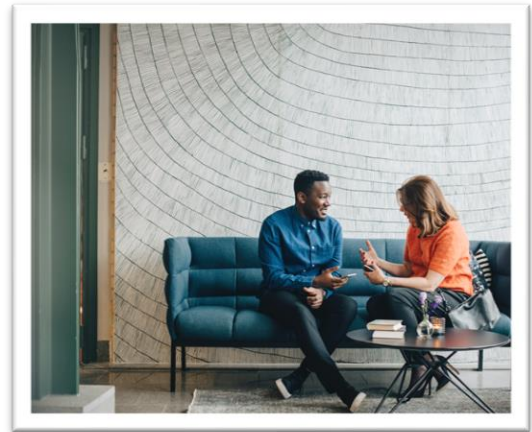


Coaching Skills for Busy Leaders

Coaching skills have never been needed more since the arrival of Covid-19. Why? Because leaders are stretched more thinly than ever before, often managing remote, geographically distant team members. Many feel they can't sustain the pace they are operating at in this new reality. They often believe they don't have the time or skills to build their team capacity, lead their team through change, as well as achieve results.

A leader who knows how and when to coach is able to alleviate some of the pressure they feel by developing a more intrinsically motivated team: a team that is more focused and engaged, has the capacity to be more self-directed, and is willing to try new things.



Who Should Attend?

This six week, highly interactive learning experience, is designed for leaders and managers of all levels to develop the foundational coaching skills needed to build higher levels of engagement, ownership, and impact with their teams. It's a practical program in which each coaching concept is taught, demonstrated and then practiced using real world issues participants face. Leaders will practice having coaching conversations between sessions with learning debriefs with a professional coach.

What will you learn?

- The difference between coaching, training, mentoring and performance managing, and when to use each approach when leading a team
- How to use a simple model to structure an effective coaching conversation
- How to master the two fundamental skills of coaching – deep listening and asking powerful questions – to help your team members expand their awareness, generate insights, and commit to action
- How to apply a coach-like approach when providing feedback, in a way that leads to increased ownership over their learning and development

What's Included?

- Four 3-hour workshops facilitated on Zoom every 2 weeks between September 22 – November 3, 2020
- Three 1-hour triad based coaching practice sessions with a professional coach
- Participant workbook and a copy of all PPT slides used in the sessions

Fee: \$995 plus GST **To Register:** Please contact Laurie MacDonald at 604-639-5060 or Imacdonald@tekara.com

Your Facilitators:



Claire Simpkins has 20 years of experience as a consultant, facilitator and professional coach in areas related to organization effectiveness and leadership development. She also brings a decade of experience in talent and career management, and executive search having worked for a global management consulting firm and leading Canadian executive search firm. Claire's strength is helping leaders develop their interpersonal effectiveness through improved communication.



Russell Hunter is former National Director of the Human Performance Institute Canada, and co-author of the book, *Coaching for Engagement*. He brings over 15 years of experience as a former CEO, business leader, keynote speaker, facilitator, and executive coach. His signature strength is helping leaders build and sustain resilience, despite rapid change in organizations.